

Woman critical after bus, car collide head-on

BLACKFALDS A woman is still in critical condition after a school bus carrying a high school sports team smashed head-on into a car just north of Red Deer Saturday night.

Mounties couldn't comment on details of the wreck, but it's believed one vehicle crossed the centre line.

The woman's car was cut in half after the collision, which happened near the town of Blackfalds on Highway 2A.

No one on the bus was injured.

Heavy snowfall and high winds were reported at the time of the crash. Speed is also being investigated as a factor.

METRO CALGARY

ShareYourViews

calgaryletters@metronews.ca

Celebrity pg 14



Gyllenhaal gets new buff bod

Riding the Recession

Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

Comment & Views

• Anne Hines shares her recession philosophies, pg 6

Workology

• What is it like to be the ones left behind after a layoff? Metro explores survivor syndrome, pg 11

Tomorrow

• How to deal with recession stress without pulling your hair out.



Winter Blast-off!



The grip of winter's bitter chill didn't discourage Lynne Espinoza, 11, and Sheadon Roll, 11, as they enjoyed the Saturday night's snowfall by building snow jumps for their sled yesterday at Confederation Park.

Kicking Horse avalanche claims Calgarians

DEATHS Two skiers killed in an avalanche in a closed off area of Kicking Horse Resort were from Calgary, Golden RCMP confirmed.

The names of the two men, ages 40 and 41, are not being released due to a request for privacy from their families.

On Saturday afternoon, four men ventured into a closed area of the resort. Fortunately, two of them decided to remain at the top of the mountain and were uninjured.

"The two, one age 36 and the other 14, realized it was too steep, and didn't go down," said Golden RCMP officer Marko Shehovac. "As the other two went down they immediately triggered the avalanche, which carried them down the slope."

They were under the snow for about a half an hour."

Shehovac said it was too late by the time rescuers dug the pair out. They were unresponsive and airlifted to Golden District Hospital, where they were pronounced dead.

JENNIFER HILLIKER
/FOR METRO CALGARY

Council needs to talk to communities: Ald.

JENNIFER HILLIKER
for Metro Calgary

A city alderman will try to sway council today to conduct regular meetings between city officials and community association presidents.

Ald. Linda Fox-Mellway says she has been facilitating project-initiated workshops regarding the Anderson LRT redevelopment with community associations and what comes out of those workshops is a better understanding within communities.

She is bringing a notice

of motion proposing all wards hold similar workshops with their community associations concerning major projects.

"The community associations are where citizens go to with questions," Fox-Mellway said. "If they don't have the answers, it's just not fair."

She said the process has worked well with the Anderson LRT refurbishment.

"The community association leaders were really happy and getting their answers directly made them feel more comfortable about what was going on there. Now we

have more of a collaborative process at the grassroots level."

Jill Negenman, president of the Southwood Community Association, said she doesn't see any reason why city council would disagree with Fox-Mellway's notice of motion.

"The aldermen need to look at letters to the editor for the last six months to find out that there seems to be a growing dissatisfaction with the city. It seems to me like they're making some very big decisions that affect the very nature of the suburbs without asking

existing residents how they feel about it."

Negenman also said that since the Anderson LRT meetings, she feels like the community's input is being acknowledged and written into their plans.

Ald. Dale Hodges said this is a fairly new idea that will have a positive impact on the city.

"It's good to have open communication before anything gets rolling," he said. "It's better than just no information being provided at all until the city is dealing with somebody's land use application."

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Alberta expected to see negative growth

Alberta will see the first negative economic growth in nearly 25 years, as the Conference Board of Canada predicts growth of minus 0.5 per cent. Saskatchewan will lead the way, according to the Board's outlook, with growth of 1.6 per cent. **METRO CALGARY**

Local



Police swamped with car crash calls

Between midnight and 5:30 p.m. yesterday, the Calgary Police Service responded to 197 motor vehicle collisions. Of those, 22 were injury-related and 175 were property damage. None of the injuries were considered life-threatening. A blast of harsh winter weather hit Calgary late Saturday night and into yesterday causing havoc on city streets.

METRO CALGARY

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ROGERS

Police find man dead in park bush

INVESTIGATION A man police say was homeless was found dead in a NE park yesterday morning, according to police.

Police said the body was discovered in a thicket of bushes by a person walking a dog in the small park in the 600 block of 1st Street NE. Police believe the man, whom they say is in his 50s, did die sometime overnight in the park.

The medical examiner will determine cause of death, though foul play is not suspected, police said.

METRO CALGARY

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What's online today.

Comment Guidy

Mamann writes on a dying nanny's final plea to Canada's immigration minister at metronews.ca/immigration

Lotteries

Friday, March 6: Lotto Super 7: 5, 12, 16, 20, 25, 39 & 45. Bonus 43. Saturday, March 7: Lotto 6/49: 8, 12, 14, 22, 29 & 49. Bonus 11. These results are not official.

From YouTube to Carnegie

JENNIFER HILLIKER
jennifer.hilliker@metronews.ca

When Calgary Philharmonic Orchestra violinist Donovan Seidle originally submitted a YouTube video in a contest to play at Carnegie Hall, he optimistically thought 1,000 people might watch it.

Today more than 18,000 have seen his video online and he's among the 90 contest winners who form the YouTube Symphony Orchestra.

He will travel to New York City in April to participate in a collaborative summit for classical music, concluding with a concert at Carnegie Hall.

"It's kind of crazy, and a little terrifying," said Seidle at the prospect of performing at one of the most famous classical music venues in the world.

"So many musicians aspire to be playing on that stage. It's neat to be a part of the history of that venue."



Donovan Seidle, 31, assistant concert master of the Calgary Philharmonic and new member of the YouTube Symphony Orchestra.

More than 3,000 videos were originally submitted to the contest, narrowed down to 200 finalists by judges.

The finalists were voted on by YouTube viewers and the 90 winners were screened by San Francisco Symphony music director

Michael Tilson Thomas to ensure the requirements of the music were being met.

"The process by which they have brought all these performers together is really different," said Seidle. The winning musicians are from more than 30 differ-

ent countries.

"Usually, auditions are kept anonymous and you're put behind a screen so they can't tell your race, age or colour. This is totally different — there's a video out there and it's really revealing, telling everyone who I am."

Fraser Institute report doesn't rank: Teacher

SCHOOLS An annual report ranking Alberta schools does more harm than good, according to a local substitute teacher.

Peter Shipley, who also has a daughter in Grade 7, believes that about 15 per cent of parents actually care about the Fraser Institute's report on elementary and high schools, and even if they do read it, they won't pull their child out of a low-ranking school.

"The report is kind of touted as, 'here you go parents, you can see where the great schools are,' but I think it's more for driving the agenda of principals."

"What comes out of it is a lot of frustration for schools that are low on the list, but it's not going to end anytime soon because that's the nature of our society — always compare, compare, compare."

The report rates 715 public, private, separate and charter elementary schools.

JENNIFER HILLIKER/
FOR METRO CALGARY

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Canada

Iggy rebuilding Grits

New Liberal leader purging Dion's policies

They are the acts of a politician turning the page.

The Green Shift carbon tax that was the centrepiece of the Liberals' election platform? Denounced and ditched.

The coalition pact formed with other opposition parties on Parliament Hill with an eye to toppling the minority Conservatives? Dead and buried.

The decision to give Green party Leader Elizabeth May a free ride in the last election? Tossed overboard.

Alberta's oilsands? Not so bad after all.

Like the housecleaning that follows a divorce, Liberal Leader Michael Ignatieff has been making a clean

"I think the party did get badly off track."

Steven MacKinnon

break from the troubled era — and policies — of predecessor Stéphane Dion.

But the bad memories weren't carted out the back door in the dead of night.

No. This has been a very public cleansing, meant to send a deliberate signal to Canadians that the Liberals understand that the personality and policy they trumpeted in last fall's election was a bust.

"I think we have to demonstrate that we heard the message that what we had on offer was not ac-

ceptable. Message received," said Steven MacKinnon, former executive director of the party.

"I think the party did get badly off track," he bluntly admits.

But now, after a string of body blows that have included bitter leadership battles, the sponsorship scandal and a string of federal elections that have depleted party coffers and stamina, Liberals are taking time to reset their compass and rebuild the party.

There's no lack of motivation in the party ranks, thanks to last fall's election, which saw the Liberals drop to 77 seats with one of its worst showings ever in popular support.

TORSTAR NEWS SERVICE

Toronto Marching for women's rights



Roughly 1,500 people marched in the streets of Toronto Saturday to mark International Women's Day. Marchers voiced their support for everything from childcare rights and jobs for women to women's rights in Iran, Sri Lanka and Gaza.

COLIN MCCONNELL/TORSTAR NEWS SERVICE

MP furious over lack of female MPs

JENNIFER TAPLIN
Metro Canada



HALIFAX Celebrating a record number of women in federal politics makes a Halifax MP furious.

"It just makes my blood boil," said NDP MP Megan Leslie.

Leslie was upset about a fax she received from Helena Guergis, Canada's minister responsible for the status of women, in regards to International Women's Day,

which was celebrated around the world yesterday.

"The tone is supposed to be celebratory, but I read it and got really angry — 69 women out of over 300 MPs (for Canada)," Leslie said.

She said it should be 50-50 and then voiced some ideas as to why women don't stick it out in politics.

She admitted it's a complicated issue, but believes it comes down to the long hours and women's commitment to family.



Megan Leslie

News in brief

AFGHANISTAN A Canadian soldier is dead and four are wounded after a roadside bomb blasted their armoured vehicle while the troops were on a patrol northeast of Kandahar City yesterday. Trooper Marc Diab, 22, with the Royal Canadian Dragoons has been identified as the dead soldier.

POLITICS Hamilton MPP Andrea Horwath has been elected leader of the Ontario New Democrats. Horwath, 46, became the first woman to lead the party after winning on the third ballot. **METRO NEWS SERVICES**

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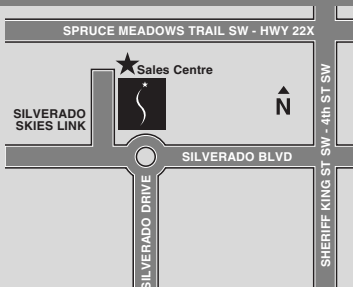
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Minister defends back-to-work decision

French Justice Minister Rachida Dati, 43, has defended her decision to return to work five days after giving birth. The move was chided by women's groups. **METRO NEWS SERVICES**

5

World



Afghan women attend a ceremony to mark International Women's Day in Kabul, yesterday. Women and girls face challenges due to the global economic recession, one expert claims.

Celebrating women

Recession challenges noted on international day

Yesterday, International Women's Day, women celebrated the gains made in achieving equal rights and highlight the widespread wrongs that damage the lives of the 3.3 billion females around the world.

But the issue foremost in women's minds is the global recession, which has hit the most vulnerable half of humanity with exceptional force.

Seventy per cent of the poorest people on the planet are women and girls, and even in a wealthy country like Canada they are the ma-

jority of the poor.

Although the global downturn began in the financial sector, dominated by men, it is now bearing down on women, most often found in low-wage and part-time jobs.

The recession has plunged from wealthy to developing countries, where women lack safety nets to help them survive.

"As the economy slows, the disaster in the financial institutions is affecting the real economy," says Sylvia Borren, co-chair of the Global Call to Action Against Poverty, a

coalition of groups in 100 countries.

"What happens is the informal sector suffers first — the cleaning women, gardeners and people who do the household jobs. They are mostly women."

As worldwide consumer confidence fades, says the International Labour Organization, traditionally female service jobs in cafes and retail are also disappearing. It predicts that 22 million of an estimated 51 million to lose their jobs this year will be women. **TORSTAR NEWS SERVICE**

News in brief

SHOOTING The pastor of a Maryville, Illinois, church was shot to death during a service yesterday in front of horrified parishioners who then tackled the gunman, state police told CNN. Fred Winters, the pastor of the First Baptist Church, was killed during the 8 a.m. service, and the attacker and two parishioners suffered knife wounds in the attack, authorities said. **METRO NEWS SERVICES**

SUDAN Sudan's President Omar Hassan al-Bashir threatened yesterday to expel diplomats and more aid groups, brandishing a sword at a Darfur rally days after a Hague court issued a warrant for him for war crimes. Sudan has already closed 13 foreign and three local aid groups saying they helped the International Criminal Court (ICC). **REUTERS**

United States to withdraw 12,000 troops from Iraq

IRAQ WAR The United States will reduce the number of troops in Iraq by around 12,000 in the next six months, the U.S. military said yesterday, a step in U.S. President Barack Obama's plan to end combat operations there in August 2010.

"Two brigade combat teams who were scheduled to redeploy in the next six months, along with enabling forces such as logistics, engineers and intelligence, will not be replaced," the U.S. military said yesterday in a statement.

Reducing the number of U.S. combat brigades in Iraq from 14 to 12 would

Shifting focus

• Six years after the U.S.-led invasion to oust Saddam Hussein, Obama plans to pull all combat troops out of Iraq by Aug. 31, 2010, leaving 35,000 to 50,000 support and training troops as Washington shifts its military focus to Afghanistan.

cut the number of American troops, currently around 140,000, by 12,000, said Major-General David Perkins. Last month, Obama ordered 17,000 extra troops to Afghanistan.

REUTERS

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Comment & Views

Comment

Recession wisdom with a big side of rice

HineSight

Anne Hines

metronews.ca/hinesight

Note: This column contains complex philosophical concepts and abstruse intellectual thinking. I don't understand it myself.

My past two columns have asked Are You Recession Ready? and explored the all-

important topic of Recession Etiquette. Today, we'll consider, "What's the most important part of getting through this recession?" Not resorting to eating shrubbery, for sure. But, after that? The point is to come out of this difficult time wiser than we went in. Bet you didn't know that. See? You're smarter already. What an amazing service I offer.

In university, I took a philosophy course. I quickly became convinced the reason universities teach philosophy is because professors enjoy making students suffer.

This shows how little I knew. That's only one purpose.

A lesser goal of philosophy is to take basic questions of life that cannot possibly be answered and then attempt to do it anyway. This is supposed to make us wiser. Generally it just made me more confused. However, I suggest that in order to glean wisdom from the recession we attempt a little Recession Philosophy.

One profound life question philosophers attempt to answer is, "Why am I?" Recession Philosophers attempt to answer, "Why am I

Riding the Recession

broke?" Something like that.

The way philosophers answer questions no one can answer is by posing questions no one can understand. And yes, people get paid for doing this.

For example, to answer, "What is life?" one philosophical question my professor posed was, "There is a goose in a bottle. How do you get the goose out of the

bottle without breaking the bottle or harming the goose?" My classmates and I offered genius answers like, "Does the Humane society know about this?" and "Wouldn't it be easier to raise chinchillas?" The correct answer was, "You just do." And again, yes, people get paid for this.

In Recession Philosophy the question would read, "There is a goose in a bottle. How do you serve the goose so that it will feed a family of six with leftovers for lunch?" The answer is, "You just do. Particularly if

you've made a large side of rice to go with it."

Here's another profound question, "Why is life painful?" Recession Philosophy tweaks this slightly to, "Why do they keep sending me RRSP statements?" An answering question might be, "Wouldn't I be better off keeping my savings in a sock under my pillow?" You know philosophy's actually amazing. I feel wiser already.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Views

Fear of danger greater than danger

InTransit

Chris Phalen

metronews.ca/phalen

Refuge from fear and uneasiness among the majority of transit riders and employees isn't coming in the wake of reported declining transit crime statistics.

Convincing patrons our transit system is already safe remains a big challenge for Brian Whitelaw, the director of safety and security at Calgary Transit.

With a projected 27 recommendations looming from the Intervistas security audit to be presented to council March 19, and crime reported lower on transit, it seems a balancing act might be needed to sort out the reality.

Aldermen should stop reacting to public fear and forget about handing over transit jurisdiction to the police, which would be a complete waste of time, money and resources.

Peace officers are sufficiently trained and equipped to handle the majority of trouble occurring in the transit system.

We shouldn't create prob-

lems that don't exist and we should trust transit security that, even without an external audit, has been working proactively for our comfort.

Chances of victimization are already low, but riders' senses of personal safety can be overcome with a concept called a "reassurance gap," which is false conceptualization between the real safety conditions and the perceived safety conditions, according to Whitelaw.

And although completely justified, what we might deem unsafe on transit doesn't necessarily mean we are vulnerable.

"Our focus is to remove the visual signs of anti-so-

cial behaviours on the entire transit system," Whitelaw said.

And new peace officer deployment tactics like more visible nighttime platform patrols and more presence at bus malls and stops will help ease the less tolerant customer when sketchy characters invade transit space.

I believe Calgary Transit is a safe system, and I believe the implementation of security audit recommendations will make it even safer.

Chris Phalen has contributed to Avenue magazine, the Prince Albert Daily Herald, the Globe and Mail and various magazines; calgaryletters@metronews.ca.



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Going Green

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

How eco-friendly is your home?

Energy audit can help save money, energy

EarthTones

Sophia Dore & Andrew Laursen



metronews.ca/earthtones

How green is your home? How much of your household energy budget is escaping through your walls and windows?

If you are like us, you hope your home is green, but you don't really know. One way to find out is by a home energy audit. These audits are about to become a requirement in order to buy/sell a home in Ontario. They are similar to a home inspection, which is already performed during more house sales but instead of dry rot and termites, the inspector is looking for leaks and inefficiencies.

During a home inspection, the seal on your windows, the effectiveness of your insulation, and the efficiency of your furnace and hot water heater would be assessed. A blower is used to suck air out

of the house so it is under negative pressure. Then the amount of suction required to keep the pressure in the house constant can be used to figure out how much air is leaking into your house. They can even tell you where the air is leaking in.

OK, so you get your home inspected and some problems are identified. Then what do you do? As luck would have it, the

government is willing to shoot some money your way to fix some of these things. Federal grant money is available in order to make your home more green. In addition to the federal money, provincial money is also available in many provinces, including British Columbia, Manitoba, Ontario, Quebec and Nova Scotia, to upgrade the "green-ness" of your home.

Money is available to get a more efficient furnace, to improve the insulation in your attic, to insulate your walls and basement, replace leaky windows

and doors, and for a ground source heat pump and solar hot water system.

So how do we get at this money, you ask? What you need to do is have a pre-audit done by an auditor certified by Natural Resources Canada. The auditor will give you recommendations for upgrading your home. You then perform the upgrades and have the auditor come back for a post audit. The auditor will then file for whatever grants you may be eligible for on your behalf.

The downside to this is you have to pay the upfront costs for the renovations yourself and then trust the improvements will be enough to qualify you for the grant money. But if your furnace is getting old, or you were planning to do some upgrades anyway, why not get some help footing the bill?

The downside to this is you have to pay the upfront costs for the renovations yourself and then trust the improvements will be enough to qualify you for the grant money. But if your furnace is getting old, or you were planning to do some upgrades anyway, why not get some help footing the bill?

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.

Grants

- For more information about federal and provincial grants and to find a certified home inspector, go to the the Natural Resources Canada website located at www.nrcan.gc.ca and look for the ecoEnergy Retrofit program.

News in brief

ECONOMY The financial crisis has slashed industrial output and trade, but it will be months before there is an accurate picture of how much the downturn has curbed greenhouse gas emissions, two leading scientists said Friday. Preliminary data from the U.S. National Oceanic and Atmospheric Administration shows carbon dioxide levels rose last year to a global average of 384.9 parts per million, an increase of 2.2 ppm over 2007. But since then, the financial crisis has deepened, and analysts have been hoping the long-term growth in emissions will slow or stall now that many big economies are in recession.

REUTERS

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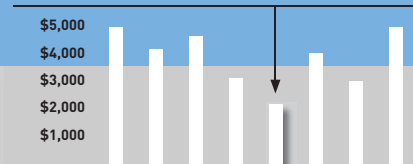
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Monday, March 9, 2009

8

World oil prices will likely remain steady this year despite being below their "fair" value, Venezuela's finance minister, who is an ex-president of OPEC, said. **REUTERS**

Oil to stay low and steady

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

GM, CAW reach deal

Canadian autoworkers will face a wage freeze through 2012, along with shorter vacations and higher contributions to benefit plans under a tentative deal with General Motors Canada, the Canadian Autoworkers Union said yesterday.

The deal, seen as a pattern for pacts with other automakers, aims to unlock billions of dollars in Canadian government funding for General Mo-

Terms

- The deal extends an existing contract by one year until September 2012.
- Wages, cost of living adjustments will be frozen.
- Worker co-payments will be boosted on a range of health-care provisions.

tors. Unionized workers will vote on the pact on Tuesday and Wednesday. "The alternatives are

much worse," CAW president Ken Lewenza told a news conference announcing the agreement, which was reached after round-the-clock negotiations with the company. "We've done what we can do as a union ... Now the Canadian government has got to step up to the plate."

GM has already proposed a 10 per cent cut in executive salaries, and reduced pay and benefits for salaried employees. **REUTERS**

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No walk in the park for forestry

INDUSTRY Canada's forestry industry, already weakened by softwood lumber trade disputes with the U.S., has been smacked by a weak lumber market as the U.S. housing market collapsed, paper demand declined and pulp prices dropped.

All that has ravaged the industry, forcing companies to rely on cash reserves or recapitalize by turning debt into equity to avoid insolvency.

Analysts warn the paper sector is trying to weather the recession with newsprint and other products, demand for which is expected to keep falling even when the economy rebounds.

"In a growing industry you can hide things, but in a shrinking industry all of the flaws are exposed," said Kevin Mason of Equity Research Associates.

REUTERS

In brief

BAILOUT Where did AIG's \$173-billion bailout go? That question may be answered after a partial list of beneficiaries was published. The Wall Street Journal reports Goldman Sachs, Deutsche Bank, Merrill Lynch and others received funds.

BANKS The U.S. should let some big troubled banks fail rather than prop them up with more federal funds, two Republicans said. Senator John McCain argued the administration needs to make "the hard decision and that is to let these banks fail" Senator Richard Shelby said the move would send a strong message to the markets. **REUTERS**

T.O. joins Bills

Wide receiver Terrell Owens agreed to a one-year contract with the Buffalo Bills worth \$6.5 million Saturday, just two days after being released by the Dallas Cowboys. **REUTERS**

9

Sports

EDITOR: JOHN.CHICK@METRONEWS.CA



Calgary Flames right wing David Van der Gulik tries to keep up with Atlanta Thrashers left winger Ilya Kovalchuk in Atlanta yesterday. The Thrasher won 5-2.

Flames flounder

Team suffers second-straight loss on road

LAURENCE HEINEN
for Metro Calgary



THE SKINNY: Bryan Little scored twice while Ilya Kovalchuk notched a goal and an assist as the Thrashers handed the Flames their second consecutive road loss of the weekend.

THE STRUGGLE: The Flames have yet to beat the Thrashers at their home rink as Calgary's record in Atlanta fell to 0-5-1 following Sunday's setback at the Philips Arena.

THE STREAK: Jarome Iginla tallied his 30th goal to extend his point-scoring streak to eight games during which time he has racked up nine goals and eight assists. It's the

NHL RESULT**Flames 2 Thrashers 5**

eighth-straight season the Calgary captain has reached the 30-goal plateau.

THE STUNNER: With Calgary pressing to tie the score in the second period, Chris Thorburn banked a shot off of defence-man Jordan Leopold's stick and past goalie Miikka Kiprusoff to put the Thrashers up by a pair. The goal turned out to be the game winner.

THE QUOTE: "Every time we got going they came down and got a shot and it found its way

into the net," Craig Conroy told Rogers Sportsnet after scoring Calgary's lone goal of the first period. "We felt like we were getting the momentum and then they stole it back from us."

THE NEGATIVES: In their third game as Flames since being acquired at the trade deadline last Wednesday, centre Olli Jokinen and Leopold both finished with minus-three ratings, as did forward Michael Cammalleri.

THE NEXT GAME: The Flames reach the midway mark of their seven-game road trip on Tuesday (5 p.m., Flames Pay-Per-View, Fan 960) when they travel to New Jersey to face the Devils.

Beckham pays to stay in Milan

SOCCER David Beckham will stay on loan at AC Milan for the rest of the season before returning to Los Angeles Galaxy although his long-term future remains unresolved.

"I'm really grateful to the LA Galaxy and AC Milan for making this dream deal happen," the England midfielder told Reuters in an email yesterday.



"The perfect result for 2009 would be for me to help Milan to reach the Champions League and for the LA Galaxy to make the playoffs and win the MLS Cup."

A Galaxy statement said the deal "has been funded jointly by Milan and the player himself."

The 33-year-old

joined Milan on a two-month loan in January and had been due to return to Galaxy today. However, the original deal technically had to be until June meaning the clubs could agree to a new deal outside the transfer window.

Milan said in a statement Beckham would stay with Milan until June 30 before returning to Los Angeles for the U.S. Major League Soccer season which ends in November. **REUTERS**

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THE BAY



The Milwaukee Brewers released Canadian relief pitcher Eric Gagne from his minor league contract on Sunday. The 33-year-old Gagne will now undergo conservative rehab. He had 10 saves in 50 games with the Brewers last year. **METRO NEWS SERVICES**

Brier faves start strong

CURLING The favourites were out in front after last night's late draw at the Tim Hortons Brier at the Saddledome.

Reigning national and world champion Kevin Martin of Alberta was off to a perfect 3-0 start in his bid for another Canadian men's curling crown, tied with 2007 national and world champion Glen Howard of Ontario. Martin and Howard were the only unbeaten rinks in the 12-team field after five draws.

Martin defeated Saskatchewan's Joel Jordison 10-

3, while Howard beat British Columbia's Sean Geall 7-4.

Martin topped New Brunswick's Russ Howard 7-4 in the opening draw on Saturday and then took down Quebec's Jean-Michel Menard 7-5 first thing yesterday morning.

Howard edged 2006 Olympic gold-medallist Brad Gushue of Newfoundland and Labrador 9-8 on Saturday, then beat Northern Ontario's Mike Jakubo 9-2 yesterday afternoon.

METRO NEWS SERVICES

NHL GMs tackle fighting

Colin Campbell figures it's going to be lively. Other than that, the NHL's justice minister isn't making any predictions.

"I have no idea where this is going to go," he said.

Campbell's uncertainty surrounds the discussion on fighting in hockey and the NHL that is expected to take place starting today at the general managers meetings in south-west Florida.

No one is anticipating there will be a vote on whether fighting should be banished from the league. But a variety of incidents, including the tragic death of Whitby Dunlops defenceman Don Sanderson in a December fight, have forced the NHL to at the very least demonstrate a willingness to evaluate the way in which scraps take place.

Commissioner Gary Bettman has called for a debate on the "rules of engagement," essentially eschewing a debate on fighting itself in favour of a



Toronto Maple Leaf Ben Ondrus fights with Edmonton Oiler Jason Strudwick Saturday in Toronto. NHL GMs will discuss fighting at meetings beginning today in Florida.

more limited discussion over the way in which NHLers drop the gloves.

That, however, may prove to be just as thorny. The discussion will be kicked off by a presentation today by NHLPA exec-

utives Paul Kelly and Glenn Healy that will include relaying the views of their constituents on fighting.

Kelly also said players are not against a thorough examination of fighting or

possible new rules.

"For example, they don't object to the notion of a rule that would say you have to keep your helmet on during a fight," said Kelly.

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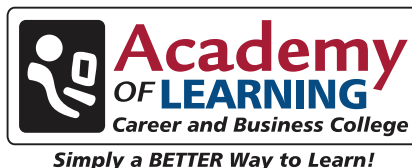
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Sports in brief

NBA The Toronto Raptors lost 109-101 yesterday to the Utah Jazz. The Jazz have won 11 straight, while the Raptors have lost five in a row, bringing their season record to 23-41. Chris Bosh led the Raptors with 30 points and 10 rebounds.

GOLF Yang Yong-eun became the second South Korean to win on the U.S. PGA Tour by capturing the \$5.5-million Honda Classic at PGA National yesterday by one stroke over American John Rollins at Palm Beach Gardens in Florida.

TENNIS World No. 1 Rafael Nadal beat No. 3 Novak Djokovic of Serbia 6-4, 6-4, 6-1 yesterday to give champions Spain a victory in its Davis Cup first-round tie and a place in the last eight against Germany.

BASEBALL Slugger Alex Rodriguez will have surgery on his torn right hip labrum today to enable him to play this season, with further surgery planned next off-season, the New York Yankees said yesterday.

NBA Dwight Howard turned in a powerful all-round game to lift the Orlando Magic to an 86-79 victory over the Boston Celtics yesterday and tighten up the race for Eastern Conference seedings. Howard scored 18 points, pulled down 15 rebounds and blocked five shots.

METRO NEWS SERVICES

Metro Workology exclusive: Matters of the Heart

Don't miss Matters of the Heart, Metro's exclusive feature series in the Workology section. There are jobs to be had that focus on falling in love, falling out of love and everything in between; we will be digging up the stories for you, so check Metronews.ca/work for the full series.

11

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA



Odd Jobs

Diane Peters profiles the life and career of a video game tester in her weekly column, Odd Jobs. Check Metronews.ca/work for the full story.

Survivor's syndrome hits employees hard

VANESSA GRECO
for Metro Canada



Pink slips don't scare Greg Skura anymore. After decades of odd jobs and hard work, he's become well acquainted with the employer's chopping block.

"When I was younger, I'd take layoffs to heart," said the 47-year-old from Pickering, Ont. "But now, I don't take them personally. Often it's because of the economy."

When facing job loss, Skura — who has printed newspapers, driven trucks, installed doors, and sorted eggs — isn't worried about the uncertain path ahead.

Instead, he turns his attention to those left behind.

"It's my co-workers I feel sorry for," said Skura, currently employed as an Internet technician. "They're the ones picking up the slack, doing double the work and wondering whether they're next to go."

As the global financial crisis continues, workers watch as companies are downsized and colleagues are dismissed. When an employee survives a round of layoffs, their relief can be followed by guilt or anxiety.

Career coaches and management experts have dubbed this "survivor's syndrome."

"Layoff survivors can experience grief for many reasons," said Aaron Schat, assistant professor of organizational behaviour at McMaster University. "They've kept their employment but might feel it was at a colleague's expense."

As well, remaining employees might fear that there are more layoffs to



As the global financial crisis continues, workers left behind can also be affected negatively as their colleagues are dismissed.

come. This can be a stressful distraction for workers, who'll start to feel unmotivated, expendable or wary of their bosses.

Schat added that managers should demonstrate warmth and compassion when conducting layoffs to prevent a morale drop amongst remaining em-

ployees.

Three weeks ago, Therese Arsenault would have appreciated that compassion as a company she'd served for 13 years dismissed her and nine others.

"The whole process was cold," said the former telecommunications train-

er from Montreal. "We were called to a conference room and the people conducting the meeting were half-an-hour late."

Since the layoff, surviving colleagues have approached Arsenault and expressed both shock and sympathy. She believes her former co-workers don't need to apologize.

"In a big company, decisions like this are not made at the employee level," she said. "The individuals you worked with might feel sorry for you, but they have no business feeling guilty."

Although surviving employees might not be at fault, Marjorie Armstrong-Stassen has seen post-layoff stress in the workplace firsthand.

"People in downsizing companies have told me they think the ones who've lost their jobs are the lucky ones," said the management professor at the University of Windsor.

Often, when companies lay off over 20 per cent of their workforce, dismissed employees will receive large severance and early retirement packages.

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Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA



Pop fashion

Madonna has set her sights on conquering the fashion world for a second time — the pop superstar is set to launch a new line with designer Christian Audigier. FEMALEFIRST.CO.UK

Theory behind Watchmen

Superheroes don't just make fun characters for comic books and movies.

Their powers, and how they choose to use them, are philosophical treasure troves, and few are as rich and complicated as the protagonists in Watchmen, which opened Friday.

"Watchmen is an embarrassment of riches to the comics-obsessed philosopher," said Mark D. White, editor of the book Watchmen and Philosophy: A Rorschach Test.

The book is one of a series that uses pop culture as an entry point to the sometimes abstract subject of philosophy.

Years in the making, Watchmen is the big-screen adaptation of the acclaimed 12-issue comic book series by Britons Alan Moore and

Dave Gibbons published between 1986 and 1987.

Like the books, the movie is set in an alternative 1985 when the United States and the Soviet Union are on the brink of nuclear war. It features costumed vigilantes who have become so unpopular they are now outlawed.

But Watchmen is far from just popcorn entertainment. Its twisted superhero archetypes, like the tortured do-gooder Rorschach and brainy businessman Ozymandias, take time out from performing death-defying acts to muse on subjects like free will, saviour figures and the politics of fear.

"In Watchmen, the philosophy is so explicit that you don't have to dig very hard to find it," said White,



The essays by academics in the book Watchmen and Philosophy look at how the character Rorschach justifies his often brutal actions, and tackles subjects like the legitimacy of authority.

an associate professor in the department of political science, economics and philosophy at the College of Staten Island.

The original series took

the name from the phrase "Who watches the Watchmen?" which dates back to the 1st century Roman poet Juvenal and has been the subject of philosophical de-

bate for centuries.

The essays by academics in Watchmen and Philosophy look at how Rorschach justifies his often brutal actions, and tackles subjects like the legitimacy of authority.

The mother and daughter Silk Spectres provide a window into the feminist thinking of French author Simone de Beauvoir. Another chapter is devoted to German philosopher Friedrich Nietzsche's thoughts on the Übermensch (superman).

"Philosophy has had a public relations problem for a couple of centuries. People mistakenly think that philosophy is some dusty academic subject that is irrelevant," said William Irwin, editor of the Blackwell Philosophy and Pop Culture series.

Weekend box office

- 1 Watchmen: \$55.7 million US
- 2 Madea Goes to Jail: \$8.8 million
- 3 Taken: \$7.5 million
- 4 Slumdog Millionaire: \$6.9 million
- 5 Paul Blart: Mall Cop: \$4.2 million
- 6 He's Just Not That Into You: \$4.2 million
- 7 Coraline: \$3.3 million
- 8 Confessions of a Shopaholic: \$3.1 million
- 9 Jonas Brothers: \$2.8 million
- 10 Fired Up: \$2.6 million REUTERS

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/9/09	267	351	- ACCESS	Alberta Primetime (Live)	Castle (N)		Smallville		Supernatural		Primetime
	243	317	3 CFCN	etalk	Hollywood	CSI: Miami (HDTV) (N)	Big Bang Th	Gary Unmarr	Two/Half Men	Corner Gas (N)	News (N)
	-	-	4 OMNI	Two/Half Men	The Simpsons	News	News		The Simpsons	King	Metropia
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)		Dancing With the Stars (HDTV) (Season Premiere)		Castle
	245	306	6 CBRT	Coronation St.	Jeopardy! (N)	Little Mosque	Sophie (N)	Comedy Fest	Comedy Fest.	CBC News: The National	The Hour
	244	338	7 CICT	ET Canada	Entertainment	Heroes (HDTV) (N)	House (HDTV PA) (N)		24 (HDTV PA) (N)		News Hour
	246	-	8 CKAL	Law & Order: SVU	Man Tracker (DVS)	Chuck (HDTV) (N)	House (HDTV PA) (N)		Less-Kind	Friends	Your City
	119	705	9 CBXFT	Virginie (SC)	Les Parent	L'Auberge du chien noir (SC)	Les Boys (SC)	Tout sur moi	Le Téléjournal et Les Nou		TJ Alberta
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	-	372	12 KREM	News (N)	Hollywood	The Doctors (N)	Big Bang Th	How I Met	Two/Half Men	Engagement	CSI: Miami (N)
primetime	-	374	14 KSPS	NewsHour With Jim Lehrer		Celtic Woman: The Greatest Journey			Heart Healthy Yoga: Yoga		Antiques
	502	390	15 CBC	CBC News: The National		Inside the Meltdown (N)		CBC News: The National	CBC News: The National		Meltdown
	-	370	16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Chuck (HDTV) (N)	Heroes (HDTV) (N)		Medium
	-	373	22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	House (HDTV PA) (N)	24 (HDTV PA) (N)		News (N)
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	500	500	29 CNN	Larry King Live		Anderson Cooper 360 (HDTV)			Larry King Live		Cooper 360
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	410	403	30 SCORE	(7:15) WWE Monday Night Raw				(9:15) Score Tonight		WWE Monday Night Raw	
news	411	457	44 OLN	Mantracker		Dog the Bounty Hunter		Survivorman	Mantracker		Bounty Hunter
	417	406	48 SPEED	SuperCars	SuperCars	Barrett-Jackson		Car Crazy	Pass Time	This Week in NASCAR	SuperCars
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	-	633	34 ENC2	Cheech-Next	Hatley High ** (2003, Comedy)			High School High ** (1996, Comedy)		(10:25) Almost Heroes **	
	520	505	35 DISC	Dirty Jobs "Bio-Diesel-Man"		Guinea Pig	Guinea Pig	Daily Planet		Dirty Jobs "Bio-Diesel-Man"	Guinea Pig
	620	523	36 BRAVO	Bowfire				Law & Order "Chosen"		Without a Trace "Candy"	In-Gloaming
	294	650	40 WPCH	(6) Blade: Trinity **		Brother	Seinfeld	Family Guy	Family Guy	Blade: Trinity ** (2004, Horror)	
	626	547	41 COM	Laughs	Comedy Now	Laughs	Just for Laughs		Corner Gas	The Simpsons	South Park
cable variety	-	539	42 TCM	(6) Homecoming (1948)		Lone Star ** (1952, Western)			(9:45) Harold and Maude *** (1971, Comedy)		
	628	584	43 SPIKE	Stripes ** (1981, Comedy) (HDTV)		Bill Murray, Harold Ramis, Warren Oates.		MANswers		CSI: NY "The Deep"	Disorderly
	522	516	45 HIST	Battlefield Mysteries		NCIS "UnSEALed"		Battle 360 "Call to Duty"		Battlefield Mysteries	NCIS
	627	528	46 SPACE	Lost "Exodus"		Sarah Connor Chronicles		Stargate SG-1 "Tangent"		Star Trek: Next Gener.	Trek: Voyager
	-	-	47 AMC	(6) MacArthur *** (1977, Biography)		Gregory Peck.		Commando ** (1985, Action) Arnold Schwarzenegger.			Untouchables
	619	525	49 TROP	What Happen?	What Happen?	TV Made, Do It	News Show	Tube Tales	E News	Make or Break	TV Made, Do It
	600	564	50 HGTV	Property Virgin	House Hunters	Ambrose Price	Petal Pushers	Holmes on Homes		Property Virgin	Income Prop.
	501	391	52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	House Hunters
	504	508	70 BNN	Squeeze Play		Market Call		Headline	Market Call	Berman's Call	Money Talks
	526	507	92 VIVA	Commander In Chief		Dollars	Lie Detective	Mediums	In Dreams	Judging Amy	Commander
cable variety	269	350	93 APTN	MYTV	The Mix	Miywayawin	Dancing-Spirit	Nedaa: Your Eye on the Yukon		Suaangan	Sharing Circle
	-	-	94 MCP	(6:30) News	News	Eight Heroes	Mom's-Upset	It Will Be Difficult to Love		Marimar	
	571	581	100 MMM	Don't Forget the Lyrics!		Don't Forget the Lyrics!		Where You At	Back In	Party of Five	Don't Forget
	570	580	101 MM	MuchTopTens		MuchNews	Video on Trial	MuchVibe Fame. (N)		So You Think You Can Dance	
	581	566	102 MTV	The Girls of Hedsor Hall		The City	City Live After	MTV Live	MTV News	Making the Band 4	The City

critics'corner

Little Mosque on the Prairie

What looks like an effective new way to do things turns out to be not such a great idea after all. In this new episode, Baber sets up a separate women's entrance to the mosque. After he changes his mind, however, he finds he can't undo what he's done in "Baber Makes an Entrance." 8 PM on CBRT



Heroes

Sylar's reunion with his long-lost father is not at all what he expected. Claire gets a tip from Rebel and must decide whether to help her sworn enemy (guest star David H. Lawrence XVII) evade capture. Matt finds himself on the verge of leveling Capitol Hill in the new episode "Shades of Gray." 8 PM on CICT; 10 PM on KHQ

Chuck

Sarah and Casey go in search of the man behind Fulcrum's plans to build its own Internet, leaving Chuck and Agent Barker (guest star Jonathan Cake) in a safety bunker. Once the mission takes an unforeseen and dangerous turn, however, Chuck and Barker's orders to stay out of harm's way are forgotten in the new episode "Chuck Versus the Lethal Weapon." 9 PM on CKAL KHQ

Winehouse faces assault charge

PEOPLE

British singer Amy Winehouse has been charged with assault following an incident at a ball in central London's Berkeley Square last year, her spokesman said.

"Amy voluntarily attended a police station in London yesterday morning," her spokesman said in a statement. "She was questioned by appointment in relation to an accusation made after the Berkeley Ball last year. She was charged with common assault and will attend a court hearing in the coming weeks."

The hearing will take place on March 17. The 25-year-old bee-hived singer won five Grammy awards in 2008 and her album Back to Black has won widespread critical acclaim.

REUTERS

GlobalStyle

Kenya Hunt

Read Paris Fashion Week reviews, exclusively at metronews.ca/globalstyle

For complete online movie listings, trailers, reviews and tickets, visit:



metronews.ca/movies

Kimmel, Silverman part ways

Despite a reconciliation that gave them both cause for laughs, late-night talk-show host Jimmy Kimmel, 41, and comedian Sarah Silverman, 38, have split, a source confirms to People. **PEOPLE.COM**



Jacko gig plan raises questions

Is it a comeback or a swan-song? Will he sing or lipsynch? Has he still got the moves?

Michael Jackson's brief appearance on Thursday at London's O2 Arena, where he plans a series of 10 concerts starting on July 8, raised more questions than it provided answers.

The 50-year-old did at least show up, looking more robust than in recent photographs.

But his announcement was confused, and left reporters and hundreds of screaming supporters wondering whether his first series of gigs in 12 years would actually be his last.

"These will be my final shows ... performances in London," Jackson said. "When I say this is it, I mean this is it. I'll be performing the songs my fans want to hear. This is it, this is really it, this is the final curtain call."

Randy Phillips, president of AEG Live which signed Jackson for the concerts,

had few concrete answers.

He did not rule out more concerts in London and elsewhere in the future, and much more than just music appears to be riding on the summer shows.

"None of us are sure," he told Reuters. "I didn't want to get so far ahead of what he wanted to do."

"We're holding dates," he added. "We don't know how big the demand will be."

On Jackson's health, Phillips was more confident, saying the performer, who has looked frail and gaunt in recent months, had passed a lengthy physical examination.

REUTERS



Michael Jackson gestures during a news conference at the O2 Arena in London Thursday.

Celebs drop out of dance show

TELEVISION Dancing with the Stars producers scrambled on Friday to find two swift replacements for tonight's season premiere after singer Jewel and celebrity journalist Nancy O'Dell dropped out with injuries.

The hit ABC show said it would not reveal the replacements until the eighth season kicks off tonight.

But celebrity news sites said former Playboy model Holly Madison was expected to be one of them.

Madison, 30, was Playboy founder Hugh Hefner's "number one girlfriend" and starred in the reality show The Girls Next Door before ending her relationship with Hefner last year.

"She's wanted to do it for so long," Madison's friend Bridget Marquardt told the Fox News Strategy Room discussion show.

ABC said that Jewel, a Grammy winning singer, had to leave the show after suffering a fractured tibia in each leg.

O'Dell, a journalist from the celebrity news show Access Hollywood, was sidelined with a torn meniscus in her knee.

U2 world tour plans revealed

MUSIC U2 will kick off its world tour in Barcelona on June 30, and will begin the North American leg at Chicago's Soldier Field on Sept. 12, sources told Billboard. The official announcement of the U2360 stadium trek in support of the Irish rockers' new album No Line on the Horizon will be made today. The shows will boast 360-degree audience configuration, ambitious staging and a cylindrical video screen. "We're very excited about the idea to go on the road with this album," guitarist the Edge said.

REUTERS

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Some folks like to make an entrance, and Jamie Foxx is one of them. The Oscar winner supposedly has his people call ahead whenever he's set to go out to a bar or restaurant because he wants to make sure he's noticed, Hollywood insiders tell Metro. **METRO NEWS SERVICES**

Foxx likes to make an entrance

Celebrity Buzz

M.I.A. maintains privacy

BABY NAME To those Internet reports claiming M.I.A. named her three-week-old boy Ickitt, the rapper responds: Ick!

In a humorous message on her MySpace Celebrity Blog, the Paper Planes songstress shot down the rumours while poking fun at a few of the more unique names bestowed upon certain celebrity kids, people.com reports.

"My baby is not called Ickitt, Pickit or Lickit thank you very much," she writes. "He's a baby, he don't need press!"

Explaining that she doesn't consider her son's name to be newsworthy in-

formation, M.I.A., 31, says she'll be back with something for her fans soon. "Til then go pick on Apple, Satchel and Moon Unit," she suggests.

Her son, born Feb. 11, is the first child for M.I.A., whose given name is Mathangi Arulpragasam, and her musician fiancé, Benjamin Bronfman.

Memorably performing while pregnant at the Grammys last month, M.I.A. was also nominated for an Oscar for her song O Saya, from best picture Slumdog Millionaire.

METRO NEWS SERVICES



GETTY IMAGES PHOTOS

Gyllenhaal's new buff physique

NEW ROLE Jake Gyllenhaal wanted to be ready for anything in his next film Prince of Persia: Sands of Time, out next year.

"I over-prepared myself because I never knew how much they were going to

ask me to do, so I just made sure I'd be hopefully able to do anything," Jake said of his new physique, which is on display in just-released stills from the movie, according to Just Jared.

"I guess I've gotten buff."

METRO NEWS SERVICES



Spears helps charity

PEOPLE After rolling into Miami, Britney Spears' Circus Tour featured a sideshow for a worthy cause, people.com re-

ports. The pop star paid a visit to 40 sick children at Miami Children's Hospital on Saturday. "She took pictures with the kids and gave them auto-graphed pictures," hos-

pital spokesperson Cristene Martinez tells People. "The kids were so excited to meet Britney, and having her here was a great distraction for them."

She also made a donation to the hospital's Big Apple Circus Clown Care program, which features clowns who have medical training who visit the young patients on a regular basis.

METRO NEWS SERVICES



Paris doesn't like diets

HEALTH Paris Hilton "doesn't like" diets, female-first.co.uk reports.

The slender socialite isn't giving anything up for Lent — the Christian fasting period before Easter — because she hates being deprived of her favourite junk foods.

"I just don't think I could go for 40

days without something. If I did, I'd probably just give up chocolate and McDonald's.

I've never tried to give up anything before. I don't like diets. My weaknesses are cotton candy and french fries," she said.

METRO NEWS SERVICES



Lil Wayne brushes often

IMAGE Rap star Lil Wayne's diamond teeth have turned the hitmaker into an obsessive compulsive — he brushes them morning, noon and night, female-first.co.uk reports.

The flamboyant star has gems fixed to his teeth and cannot remove them, so he's careful what he eats and always takes care to brush them after every meal.

He says, "I brush them after dinner, after lunch — with Colgate." Lil Wayne estimates he has \$150,000 US worth of diamonds in his mouth — and they're permanent. "I can go to the dentist and switch them out, but it's surgery."

METRO NEWS SERVICES



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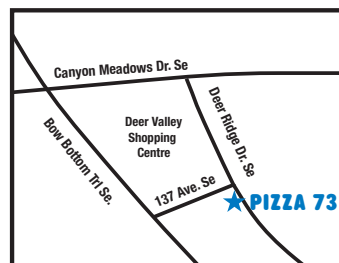
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“I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta.”
WEEKDAYS AT 6 A.M.

Take Five

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18					19			20				
			21			22		23				
24	25	26					27		28		29	30
31				32				33		34		
35			36		37				38			
		39		40		41						
42	43				44		45			46	47	48
49						50			51			
52					53				54			
55					56				57			

Sudoku For more/less challenging Sudoku puzzles, visit [metronews.ca](#)

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	1		6		4	3
8				2	1	7
5				8		
	2	8			3	6
				7		
	9		5		8	1
				6		4
9		1		3		2
	5	4			7	8

- Crossword across
- 1 Poker variety

5 Crooner Damone

8 Ellipse

12 Sci-fi’s Skywalker

13 Leading lady?

14 Lima’s country

15 Help in a crime

16 Greek

18 Tangy green condiment

20 Noble

21 Anatomical cavities

23 West of Hollywood

24 Sasha and Malia’s mom

28 Men only

31 Tavern

32 Diarist Samuel

34 — -la-la
- 35 All over again

37 Wood-finishing substances

39 Homer’s interjection

41 Cain’s victim

42 Arouse

45 Arouse

49 “Holder” of a brief explanation

51 Guy

52 Reed instrument

53 Have a bug

54 Additionally

55 Swiss city

56 In medias —

57 Witnessed

- Crossword down
- 1 Cabbage salad

2 Big brass instrument

3 Guitars’ kin

4 Remove (from)

5 Planes, trains and automobiles

6 “— Got a Secret”

7 Honeycomb compartment

8 La Scala shows

9 Family feud

10 Seed covering

11 Historic sitcom star

17 Sellers co-star Herbert

19 Road Runner’s sound

22 Omega’s opposite

24 Biz deg.
- 25 Author Fleming

26 The U in “IOU”

27 Looks at intently

29 Joan of —

30 Petrol

33 Dispatched

36 Opposite of “improve”

38 South American herd

40 “Whadja say?”

42 Nose-in-the-air sort

43 Tooth-paste dispenser

44 Bosc or Bartlett

46 Hardy cabbage

47 Otherwise

48 Night light?

50 Falsehood

PREVIOUS DAY’S CROSSWORD AND SUDOKU ANSWERS:

S	H	H	A	B	U	T	D	E	E	M	
A	Y	E	W	A	S	H	O	K	R	A	
S	P	R	I	N	T	E	R	Z	E	R	O
H	E	R	M	I	T	U	K	E			
			A	N	Y	W	I	N	T	E	R
G	L	O	G	G	F	A	X	O	R	E	
R	O	V	E	P	R	Y	G	R	I	N	
I	C	E	G	U	I		G	L	I	N	T
P	I	N	T	E	R	O	N	E			
			A	M	I	G	E	N	E	R	A
L	A	M	P	S	P	L	I	N	T	E	R
O	B	I	E	T	E	E	S	C	A	M	
W	E	A	R	S	A	S	S	H	R	S	

2	6	9	7	4	1	5	3	8
3	5	4	2	9	8	7	6	1
1	8	7	5	6	3	9	2	4
9	4	1	6	8	2	3	5	7
8	3	6	9	7	5	4	1	2
7	2	5	3	1	4	8	9	6
6	9	3	8	2	7	1	4	5
5	1	8	4	3	6	2	7	9
4	7	2	1	5	9	6	8	3

Find today’s answers + play more games at [metronews.ca](#)

SUDOKU SOLVE TIME:

Under 13 min

13-17 min

17-21 min

21-25 min

25+ min

Smart

Not bad

Keep practising

Metro Recipe of the Day

Tagliatelle with Green Sauce

INGREDIENTS:

1 bag (10 oz/300 g) baby spinach, thick stems discarded

3 1/2 oz (100 g) watercress, thick stems discarded

1 cup (250 ml) frozen peas

1 lb (500 g) tagliatelle

2 tbsp (25 ml) cornstarch

1 cup (250 ml) sour cream

4 tbsp (60 ml) chopped parsley

6 sprigs fresh basil, torn into pieces

Salt and fresh-ground black pepper

METHOD:

1. Rinse spinach and watercress and place in large pot with just the water clinging to the leaves. Cover and cook over medium heat, stirring and turning vegetables occasionally, 2 minutes or until wilting.

2. Add peas and heat through, uncovered, 2 minutes; there should be enough liquid in pot to cook peas. Tip greens and their liquid into bowl; set aside.

3. Cook pasta in large pot of boiling water over high heat until al dente, according to package directions.

4. Meanwhile, blend cornstarch and sour cream into smooth paste. Put into pot used for cooking vegetables and stir over medium heat until just bubbling. Stir in vegetables, parsley, basil, and salt and pepper to taste. Heat sauce through, then remove pot from the heat.

5. Drain pasta and add to sauce. Toss to mix.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to [rd.ca](#) or check out Key Ingredients in this month’s Reader’s Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES

MARCH 21-APRIL 20

A perpetrator makes you note what is said. Don’t give up on your friends. A parent brings in fresh ideas.

TAURUS

APRIL 21-MAY 21

A large man won’t believe the truth. Stay out of a family squabble. Take special care with money issues.

GEMINI

MAY 22-JUNE 21

A lunch date is expensive. Freedom from limits is established. Contact a friend who knows the details of a chance encounter.

CANCER

JUNE 22-JULY 22

You’ll benefit from your past service. Chaos rules when the opportunity arises. Other people will behave oddly.

LEO

JULY 23-AUG 23

A woman teaches an excruciating lesson. The question of fairness erupts in real life. Use tact to solve mindless problems.

VIRGO

AUG 24-SEPT 22

A colleague will play a childish trick. A dispute is brewing below the surface. A dark-haired man answers the call for a hero.

LIBRA

SEPT 23-OCT 23

Don’t go to a boring pity party. Mental activity can overwhelm you. Focus on your talent and make demands.

SCORPIO

OCT 24-NOV 22

Lectures won’t make anyone straighten up. Keep sane by challenging an investigation. It never helps to cry over spilled milk.

SAGITTARIUS

NOV 23-DEC 21

A moody man repays a good deed. Refuse to argue about reaching a settlement. Your witiness incites hypersensitivity.

CAPRICORN

DEC 22-JAN 20

Be clear about your intentions. A detail-oriented person treats you right. A tyrant makes goody-eyes at you.

AQUARIUS

JAN 21-FEB 18

A broad-minded female works best for a sensitive project. A sympathetic man has good news. Complicated feelings arise while travelling.

PISCES

FEB 19-MARCH 20

Refuse to make a snap judgment. A lonely friend has deeply felt guilt. Thoughts of the past will give you pleasure.

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BY TRICKY RICKY KANE
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1. Prison unit ringing device (1)

2. Heckle a whirling cartoon devil (1)

3. Pretend to be in agony (1)

4. Attractive New York or London (2)

5. Tightly hug elms and oaks (1)

6. More drenched one in the red (2)

7. Purpose of a place where two roads meet (2)

ANSWERS

1. CELL BELL 2. RAZZ TAZ 3. FEIGN PAIN 4. PRETTY CITY 5. SQUEEZE THREE 6. WETTER BETTER 7. JUNCTION FUNCTION

3-9-09

This day in history

MARCH 9, 1841 The U.S. Supreme Court rules that captive Africans who seized control of the ship carrying them had been taken into slavery illegally.

MARCH 9, 1933 Great Depression: President Franklin D. Roosevelt submits the Emergency Banking Act to the Congress, the first of his New Deal policies.

MARCH 9, 1991 Massive demonstrations are held against Slobodan Milosevic in Belgrade.

MARCH 9, 1993 Rodney King testifies against the four LAPD officers accused of violating his civil rights when they beat him during his 1991 arrest.

METRO NEWS SERVICES

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17551 100th Ave.
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14808 Stony Plain Rd
18563 Stony Plain Rd
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Bonnie Doon
Capilano Mall
Chartwell Shopping Centre
Edmonton City Centre
Edmonton City Centre kiosk II
Kingsway Garden Mall
Londonderry Mall
Mill Woods Town Centre
Northgate Centre
Northgate Centre kiosk
Sherwood Park Mall
South Edmonton Common
South Park Centre
Southgate Mall - kiosk
St. Albert Centre
St. Albert Trail at 137 Ave.
West Edmonton Mall
Westmount Centre
Whyte Avenue at 107 St.

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Offer ends March 31, 2009. Available with compatible devices within Bell Mobility high speed mobile network coverage areas. Unlimited NHL bundle available in addition to a Bell Mobility monthly plan as a standalone feature or as part of the Fun 25 bundle, Smartphone Combo plans or select data plans and Smart bundles. Data charges apply if you do not subscribe to a data plan or unlimited Mobile Browser and fees apply for roaming when outside your local area. Current content is for 2008-2009 season only, is subject to change and black-out periods may apply without notice. Limited content with certain devices, while roaming and during off season. Service subject to change without notice. Upon early termination, price adjustment charges apply. Taxes extra. Other monthly fees, i.e., e9-1-1 (75¢), system access (not a government fee; \$8.95), and one-time device activation (\$35) apply. Long distance and roaming charges (including foreign taxes) may apply outside your local area. Other conditions apply; see bell.ca/NHLmobile. (1) With new activation on a 3-yr. term on a post-paid voice plan. Rebate applies on accessories before taxes in-store or on the account otherwise; allow 4 to 6 weeks. (2) With new activation on a post-paid voice plan and a data feature with a total min. value of \$35/mo. (3) With new activation on a post-paid voice plan. (4) Based on speed of 1xEV-DO, Canada's largest 3G mobile network. HTC Touch Diamond is a trademark of HTC Corporation in Canada. Reveal is a trademark of LG Electronics Inc. BlackBerry® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Samsung Instinct is a trademark of Samsung Electronics Co., Ltd., and its related entities. Double-flip is a trade-mark of Bell Canada. Katana is a registered trademark of Sanyo Inc. NHL and the NHL Shield are registered trademarks and Unlimited NHL is a trademark of the National Hockey League. All NHL logos and marks and NHL team logos and marks depicted herein are the property of the NHL and the respective teams and may not be reproduced without the prior written consent of NHL Enterprises, L.P. Images & logos: © NHL 2009. All Rights Reserved. ©NHLPA, NHLPA, National Hockey League Players' Association and the NHLPA logo are trademarks of the NHLPA and are used under license by Bell Mobility Inc.